

## Winter 2016 Newsletter

Volume 21

### FROM THE DESK OF THE EXECUTIVE DIRECTOR - Lisa Heuving



This past October we hosted our annual Benefit banquet and the topic was "Strength for Today and Hope for tomorrow". As I was reflecting on the banquet and now working on the Christmas Newsletter, the correlation of our theme and the reality of life struck me. For many people it takes a lot of strength to make it through the Christmas season. I have heard it time and time again "The Christmas season is a hard time for me." If you know of someone who is going to go through a "tough time this December", please remember to open your heart to their world – smile, listen to their story, invite them to your home

so that together we can all bring the hope of Jesus into this broken world!

*It is with joy that we celebrated another year of this ministry with over 370 guests. We were blessed by raising over \$50,000 in financial support, as well ministry awareness! Currently we are helping over 390 people and families each month because of your prayers and continued financial support.*

**Strength**  
for **TODAY**  
**HOPE** for  
Tomorrow

### FROM THE BOARD OF DIRECTORS - John Kendall

Well folks... it's that time of the year again. Time for the festive special at Swiss Chalet – of course you know what that means... that's right... stuffing!

Yes, there are many great things planned for us this coming Christmas season. None is as great as Gods plan to send us a baby – a child meant to be the greatest gift to mankind. On behalf of all of us at the Grimsby Life Centre we wish for you JOY this coming Christmas season.



### CLIENT FEEDBACK

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*"Thank you for all that you do. You don't only make a difference in my life but so much more! You helped me see the things in me that I cannot see. To me that's a gift that will keep on giving. Here's to a wonderful Christmas and a Happy New Year!!"*

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*"Yours is quite the organization providing this counselling resource of help to the community. This is meeting a real need. Grimsby Life Centre is an excellent model, that is practical and it works!"*

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*"I came to GLC to get counselling for my anxiety disorder, after a change in meds things went terribly wrong. Not only did I meet a wonderful counsellor to share my experience with and to "unload" my concerns. I began to work on a program that helps me change my "catastrophic" thinking so I can have the tools to cope. And in a Christian setting! I am so very thankful."*

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*"The Grimsby Life Centre has been a safe harbour in a time of turmoil and uncertainty. When the circumstances of my life led me to a place of confusion, doubt and fear, the staff at GLC met me where I was with compassion and understanding. Their incredible knowledge and obvious desire to help has been key to helping me begin to rebuild a life that is richer and healthier than I could have imagined."*

\* \* \* \* \*

*Wishing you  
and your family  
a blessed Christmas!*

From all of us at  
Grimsby Life Centre  
Ministries

*Offering Help and Hope*



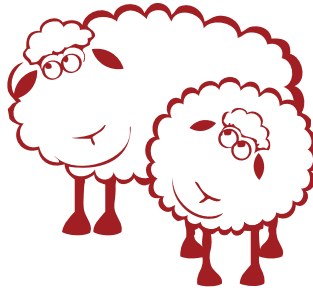
If you would take a peek in my office, you would notice two shelves lined with sheep! Sheep, you say? Well, there is a bit of history to it. Years ago, an aunt of my husband's gave me a little gift. She asked me to hold out my hand and she put this little present in my palm. As she did this, she said to me: "Always remember that you are a sheep of the Good Shepherd." It meant so much and what a beautiful reminder. Since then, over time, some of my clients have been blessed with a little sheep like the one I received.

How awesomely blessed we are to have a Good Shepherd who looks after us day after day. In Psalm 121 we read these words: "He who watches over Israel will neither slumber nor sleep". You know, we need a Shepherd. I recently heard that sheep have a hard time settling down, even sleeping if their shepherd is not around. What peace there is in knowing that God is always watching over His children.

Client's who come in to the centre; enter into a place of grace, a place where our hope is that they will find this peace. Our Shepherd sacrificed himself for us becoming the Lamb slaughtered for us, so that we could have Life! As we see pictures of little lambs this Christmas season, may we be reminded of how blessed we are to be in His fold.

"Every good gift  
and every perfect gift  
is from above..."

James 1:17



YES, I want to make a year end gift to the Grimsby Life Centre!

Name \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City/Town \_\_\_\_\_

Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Donation \$ \_\_\_\_\_  Cheque (Payable to Grimsby Life Centre)

VISA  Mastercard (Please indicate)  One time Gift  Monthly Gift

Cardholder Name: \_\_\_\_\_

Card# \_\_\_\_\_

Exp. Date \_\_\_\_ / \_\_\_\_ Signature \_\_\_\_\_

Or, you may wish to donate by visiting [www.grimsbylife.org/donate](http://www.grimsbylife.org/donate) or [CanadaHelps.org](http://CanadaHelps.org).  
Official receipts for income tax purposes will be issued for donations over \$25. Please do not send cash through the mail. Charitable Organization # BN 80678 8824 RR0001

♥ We partner with many churches in our communities – thank you to Forestview Community Church who has started the Celebrate Recovery, a Christ-centred recovery program, and to Mountainview Christian Reformed Church who hosts the Alpha Program and Grief Recovery. We are thankful to Lakemount Worship Centre which runs the Soup & Story time. It truly is a blessing to have so many churches working together with our community!

♥ Thank you to all the people involved with our silent auction this year! With all the donations of goods and the hard work of the auction team, they raised over \$9,000.00! Thank you Jane, Yvonne, Nancy, Hilda and Yvette for doing such an amazing job!

♥ In the month of December we love to hand out gift certificates. If you have any food or gas cards available our centre could use them to bless our clients during this Christmas Season.

♥ We are always in need of donations of office paper, coffee, tea, bottled water, Kleenex and toilet paper. It all comes in very handy!

♥ Thank you for the continued support shown at the West Lincoln satellite site. It truly is a blessing to have a site in the West Lincoln area!

♥ Thank you to all the people who called to volunteer for our reception positions. We are so grateful, we now have of team of 8 volunteers who are willing to greet our clients and serve as receptionists.

Grimsby  
LIFE ♥ CENTRE

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[www.grimsbylife.org](http://www.grimsbylife.org)

Grimsby Life Centre Ministries is a registered charity dedicated to helping those in local communities regardless of age, race, religion or marital status.

All services are confidential and free of charge.